

Career Counselling: A Strategic Approach to Strengthening Students' Decision-Making Skills

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Abstract: *Enhancing students' decision-making abilities is crucial for navigating academic, professional, and personal decisions, and career counseling plays a significant part in this process. The impact of career counseling in promoting self-awareness, goal-setting, and future planning is examined in this review paper. It emphasizes how organized counseling programs help students assess their prospects, interests, and strengths so they may make confident and well-informed decisions.*

The review highlights important career counseling techniques, such as individualized approaches catered to each student's goals and difficulties, and their efficacy in enhancing students' decision-making clarity, confidence, and direction. The data from the studies under evaluation emphasize how crucial it is to incorporate career counseling into the curriculum as a preventative step to provide students the tools they need to make decisions throughout their lives and adjust to shifting employment markets.

In order to improve the planning and execution of career counseling programs and help create knowledgeable, future-ready decision-makers, this paper offers guidance to educators, legislators, and counselors.

Keywords: Career counseling, Decision-making skills, Self-awareness, Goal-setting, Educational system integration, Sustainable development

