

Formulation and Evaluation of Herbal Beet Root Lip Balm

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Abstract: People have been utilizing cosmetics to embrace a natural lifestyle for a time now. Cosmetic chemicals can occasionally be bad for your skin. Physiologically active ingredients are used in the production of these cosmetics. Cosmetics that contain biologically active substances that the effects of drugs or medicine are known as cosmetics. Research was done on the formulation, design, and quality of lip balm created with natural substances. In this study, a variety of substances, including beetroot, almond oil, vitamin E, and rose essence, were used to make lip balm. It was made using the homogenous mixing method.

A lip balm made with the substances listed above might be a better choice for treating a variety of lip problems. Preservatives and dangerous heavy metals are present in daily lip care products. These heavy metals and other pollutants can be accidentally consumed in addition to leaking via your lips' pores. The most common uses for lip balm formulations are to accentuate the beauty of the lips and give makeup a glamorous touch. A natural method of promoting and maintaining healthy lips is through the use of lip balms. The usage of massive chemical compounds in today's cosmetic lip products has a number of negative effects. As a result, an effort has been made to research the natural ingredients that go into making natural lip balm. You may make the natural lip balm with organic lip balm hydrates, protects, and nourishes lips that have been damaged by dryness. It is advised to use herbal cosmetics to counteract these adverse effects.

They contain organic substances that effectively heal skin conditions. Because they keep food in the mouth and keep things out of the mouth, the lips are essential to the face. Because it lacks oily glands, lips need to be kept hydrated and shielded all day.

Keywords: Lip balm, Lips, Beetroot, Formulation, Natural ingredients

