

Formulation and Evaluation of Herbal Cold Cream

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Abstract: Cold cream, also termed Fatty Cream in the European Pharmacopoeia, is a water in oil (W/O) emulsion. This article covers its uses, formulation, preparation, tests, history, and ideal properties. Originally, druggists in pre-1st century times compounded rosewater cream, chilling it on ice for a refreshing skin treatment. The term "cold cream" derives from the Latin word "refrigeran," signifying "making cold," as its application induces water evaporation, resulting in a cooling sensation. A cosmetic product encompasses any substance intended for contact with various external parts of the human body, including the epidermis, hair system, nails, lips, external genital organs, teeth, and oral cavity mucous membranes. These products serve purposes such as cleansing, perfuming, altering appearance, correcting body odour, and preserving.

Keywords: Herbal skincare cream, Water in oil emulsion, Alovera gel, Turmeric

