

Formulation and Evaluation of Polyherbal Face Scrub

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Abstract: My project deals with the topic titled as "Formulation and Evaluation of Polyherbal Face Scrub". Herbal cosmetics are the preparations are used to beautify and enhance the human appearances. The aim of the present project was to formulate and evaluate the herbal face scrub containing plant extracts prepared Herbal face scrub was prepared using natural polyherbal ingredients. In this formulation of facial scrub Reetha, Amla, Neem, Sandalwood, Turmeric, and Orange Peel The prepared facial scrub was evaluated for various parameters such as appearance, pH, viscosity, Spreadability, Foamability, washability, irritability and found to be contented with all required characterizations. Thus, this formulation can be used as an efficient facial scrub for using it for the maintenance of healthy and glowing skin.

The main objective of the present study is to prepare a multi-herbal facial scrub. Nowadays, cosmetics have become an important part of daily life for both men and women to lead a happy and confident life. Since herbs and spices have been used to preserve and enhance human beauty, as herbs have many beneficial properties such as sun protection, anti-aging, moisturizing, antioxidant, anti-cellulite and antimicrobial. Compared to synthetic cosmetic products, herbal products are gentle, biodegradable and have a low toxicity profile,[1] so we decided to prepare and evaluate a polyherbal facial scrub to protect against acne, scars, tanning, wrinkles, aging and rash.

This facial scrub contains herbs that exhibit antioxidant, antiseptic, antibacterial, skin whitening, fade permanent marks and reduce inflammation properties. Today, cosmetics play an important role in the daily lives of women and men to make the skin glow and change the appearance. The use of natural ingredients to maintain health and look good requires frequent cleaning of the skin surface to remove oil, sebum and other secretions, dead cells, dandruff and applied makeup. The increasing demand for natural and sustainable skin care products has led to the development of multi-herbal facial scrubs that harness the benefits of multiple plant ingredients. This study focuses on the formulation and evaluation of a polyherbal facial scrub with natural exfoliants and plant extracts. Ingredients such as aloe vera, neem reetha power, sandalwood powder, coffee, orange peel powder and amla powder are included. The scrub demonstrated excellent exfoliating properties without causing irritation and improved skin texture, clarity and smoothness after regular use. This polyherbal facial scrub is a natural alternative to synthetic products, offering an eco-friendly and effective solution to maintain healthy and glowing skin.

Keywords: Exfoliation, Natural skincare, Skin friendly, Herbal cosmetics

