

# A Review on Turmeric Bath Bomb

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**Abstract:** *In primitive times, cosmetics were linked to religion, hunting, and combat. After then, it is used as a health and cosmetic product. Acne, wrinkles, and oily skin are among the many skin disorders that cosmetics are designed to treat. Due to its anti-inflammatory, antioxidant, and antibacterial qualities, turmeric has long been a mainstay of traditional medicine and skincare products, especially in Ayurvedic and Chinese medicine. Turmeric has been included into contemporary skincare products over time, and oils, lotions, and masks containing turmeric are becoming increasingly well-liked. The \*\*turmeric bath bomb\*\* is one such item that has just lately become popular in the wellness and cosmetics sector. This cutting-edge bath product offers both skincare and relaxation in one product by fusing the exquisite sensation of a bath bomb with the therapeutic advantages of turmeric.*

**Keywords:** Bath bomb, Turmeric benefits, Ayurvedic, Natural pain relief, Relaxing, reduce stress

