

A Review Article on Proper Edible Toothpaste for Pediatrics Childerns

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Abstract: *Maintaining oral hygiene in paediatric patients is essential for overall health, yet concerns regarding the ingestion of conventional toothpaste have led to the development of edible alternatives. Edible toothpaste offers a safe and effective means of cleaning children's teeth while eliminating risks associated with fluoride or other harmful ingredients. This review explores the composition, benefits, and effectiveness of edible toothpaste specifically designed for paediatric use. It highlights key ingredients such as natural abrasives, xylitol, and herbal extracts that promote oral health without adverse effects. Furthermore, the article discusses safety considerations, acceptance among children, and recommendations for selecting the most suitable edible toothpaste. By analysing current formulations and scientific evidence, this review aims to provide insights into the ideal characteristics of edible toothpaste for paediatric dentistry, ensuring both safety and efficacy in maintaining children's oral hygiene.*

Keywords: Toothpaste, Edible, Children, Fluoride, Safe, Effective, Oral Hygiene