

Last Journey: Compassionate Communication in End-of-Life Care

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Abstract: *End-of-life care is a critical component of nursing that requires sensitivity, empathy, and effective communication. This article explores the essential aspects of supporting patients and families during this challenging time. It highlights strategies for breaking bad news using the SPIKES model, which provides a structured approach to delivering distressing information compassionately¹. The article also discusses the importance of transparent and empathetic communication with families, ensuring trust and emotional support². Additionally, it emphasizes fulfilling patients' last wishes, making their final moments meaningful, and providing dignified post-mortem care. Cultural sensitivity and bereavement support are also key considerations in respecting the deceased and aiding families through their grief³. By integrating these approaches, healthcare professionals can ensure a humane and dignified transition for patients and their loved ones.*

Keywords: End of life, last journey, breaking bad news, family support, respect to deceased