

Review on Moisturizers

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Abstract: *Recent advancements in dermatology have led to the development of more sophisticated formulations that target specific skin concerns, such as anti-aging, acne-prone skin, or sensitive skin, by incorporating active ingredients like ceramides, peptides, and antioxidants. This review paper will explore the different types of moisturizers, their mechanisms of action, and the latest innovations in the field, while also discussing their effectiveness and safety profiles across different skin types and Conditions of Moisturizers are an integral part of dermatological care and cosmetic skincare routines, formulated to improve skin hydration, enhance barrier function, and prevent water loss from the skin's outermost layer, the stratum corneum. Skin naturally loses moisture due to environmental factors, aging, and certain skin conditions, leading to dryness, irritation, and compromised skin health. Counter these effects, moisturizers are designed with various ingredients that help restore moisture balance and support skin structure.*

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