

Social Media Impact on Self-Esteem and Relationships Among Youth

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Abstract: *Thanks to the internet, now even if you are not in the same room, with the rise of social media, we can still interact and talk to each other like we did in the old days. These platforms can facilitate connection, and self-expression, but they can also endanger self-esteem and interpersonal connections. This research paper explores the impact of social media on the self-esteem and relationships of youth, drawing on survey data to analyze trends and attitudes.*

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