

# Innovative Approaches in Sports World: Enrichment in Skills

**Dr. Sanjay Rajaram Agashe**

Director of Physical Education and Sports

S. N. Mor Art's Commerce and Smt. G. D Saraf Science College, Tumsar, Bhandara, India  
agashesanjay.24@gmail.com

**Abstract:** *The student must demonstrate motor skills and use technology primarily through self-learning. You have to learn to manage the organization of operations with the help of different devices. Physical education curricula and health programs are developed to provide students with better opportunities instead of traditional gym classes. This improved the effectiveness of learning sports skills in theoretical and physical activities. Technology has the potential to facilitate more effective high school teaching and provide high school teachers with key information that can be used to influence their work. Teachers can also conduct video interviews to document student impressions of exercise and motor learning. The rapid development of electrical technology has had a major impact on the education systems of the world. Thanks to technology, especially mobile technology, physical education teachers now have a variety of tools to explore and improve their students' physical skills. Focusing on vocational education contributes greatly to the overall development of children, and our hope is that students will be able to choose physical activity and sport as a vocational subject. It throws light on the entire education system in India as it is an ideal foundation for both primary and higher education.*

**Keywords:** Health, fitness, physical education, tools, devices, sports, growth