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Comparative Study on Self Confidence among Different Achievement Level of Boxing Players

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Abstract: The main aim of this investigation is to compare the self-confidence among the different achievement level of boxing players. Ten male boxing players selected from each achievement level (intercollegiate, inter-university, district, state and national level) of R.T.M. Nagpur University (Mean Age 21) were volunteered in this study. Dr. Rekha Gupta Self-Confidence Inventory (SCI) were assessed using the measured self-confidence of the subjects. This study explores 50 male boxing players through the stratified random sampling technique from R.T.M. Nagpur University. One way analysis of variance (ANOVA) was used to find the overall mean significance difference of five groups. List significance difference (LSD) post-hoc test was used to measure the paired mean significance difference. The result indicated there was a mean significance difference in self-confidence level between different five achievement level of Boxing players of R.T.M. Nagpur University. The researcher was concluded that National Level players are more confident than the Inter-University Level, Inter-Collegiate Level, District Level and State Level, Boxing players.

Keywords: Self-Confidence, boxing, Different Achievement Level

