

A Review on Herbal Roll-On

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Abstract: *Herbal roll-ons are emerging as natural, safe, and effective alternatives for therapeutic and cosmetic applications. These formulations combine essential oils, herbal extracts, and natural carriers to provide targeted relief from headaches, stress, muscle pain, and insect bites while offering a refreshing fragrance. The growing preference for herbal products stems from their minimal side effects and sustainable nature. This review discusses the formulation, benefits, and pharmacological aspects of herbal roll-ons, emphasizing their anti-inflammatory, analgesic, and antimicrobial properties.*

Keywords: Herbal roll-on, essential oils, transdermal delivery, aromatherapy, natural formulation, anti-inflammatory, analgesic, antimicrobial, phytotherapy, sustainable cosmetics