

Mental Illness at Working Place: Its Causes and Effects

Jyoti Sharma

Research Scholar (Institute of Management Studies),
SAGE University, Indore, MP, India

Abstract: *The purpose of this paper is to discuss the predicament that is being faced by the organizations. The effort in this paper is to put the issues of mental illness and its effect and try to discern what is to be done about mental health. Paper will discuss strategically the means for the collective future of the managers, staff or working people. It is in-depth enquiry into the arguments and facts put forward and would try to shed off the false myth about the employees' mental health. The researcher has attempted to highlight the significance to tackle mental illness and has examined how critical is to balance mental illness and job performance. It will help to enhance the knowledge pertaining to employee mental health and job performance. From the findings it can be termed that low mental health level among employees shows and laid an impact on employees and their performance. The suitable methods should be used by the managers to reduce the mental illness issues.*

Keywords: Job performance, mental health, mental illness, employee behavior