

# Therapeutic Use of Eranda Sneha

**Dr. Simaran Gani Mulla**

MD (Ayurveda Samhita & Siddhanta)

Assistant Professor, Dr. S. P. Patil Ayurvedic Medical College, Korochi, India

**Abstract:** *Eranda (Ricinus Communis) is an important medicinal plant where all parts of this drug are useful in various pathological conditions (vyadhies). Castor beans are purgative <sup>(1)</sup>, leaves used as analgesic & anti-inflammatory. The roots are particularly indicated a vrushya and vatahara i.e., analgesic & aphrodisiac, Erand moola has Shown best spermatogenesis activity in experimental animals, proving our ancient quotation as vrishya, Vatika disorder is result of either dhatu-kshay or avarodhajanya samprapti. Pain, stiffness, roughness, dullness immobility Conduction defect, disturbed metabolism and many neurological disorders are due to vata vyadhi. Ricinus Communis has therapeutic efficacy and known to possess anti-inflammatory, analgesic, anti-oxidant, anti-tumor, purgative activity these all are Vayuhara properties, Ricinus Communis has various effects depending at upon which part is used of the plant so it's very important to gather all information of eranda plant's different parts used in different pathologies from bruhatrayee. Castor Oil is one of the main drugs used for Virechana Karma (purgative therapy) under Panchakarma therapy.*

**Keywords:** Eranda