

# A Review on Cushing Syndrome

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**Abstract:** *“Cushing Syndrome is a hormonal disorder that occurs due to prolonged exposure to high levels of cortisol in the body. This excess cortisol is often the result of abnormal functioning of the adrenal glands or the pituitary gland. Key symptoms of Cushing Syndrome include weight gain, a rounded face, and the presence of purple stretch marks on the skin. Diagnosis typically involves a combination of clinical examinations, blood tests, and imaging studies to identify the underlying cause. Treatment options depend on the cause of the syndrome and may include medications, surgical interventions, or radiation therapy. If left untreated, Cushing Syndrome can lead to serious health complications. This project aims to provide a comprehensive overview of Cushing Syndrome, including its symptoms, diagnostic methods, and treatment options, in order to raise awareness and improve understanding of this condition.”.*

**Keywords:** Cushing Syndrome