

A Review On Anti Rheumatoid Effect of Ficus Benghalensis Arial Root Extract

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Abstract: *One of the biggest genera in the plant kingdom and a member of Moraceae family in Ficus. Numerous populations of these species can be found throughout most Asian nations, including the wide range of phytoconstituents. Including sugar, proteins, essential and volatile oils, phenols, flavonoids, alkaloids, tannins, saponins, terpenoids and glycosides according to the chemical analysis report. The goal of current study is to study the antirheumatoid effect of arial root powder of Ficus benghalensis. The chronic autoimmune disease known as rheumatoid arthritis is typified by joints destruction, discomfort, and inflammation. Ficus benghalensis is a traditional medicinal plant that may be used as a treatment for rheumatoid arthritis because of its anti-inflammatory, antioxidant, and immunomodulatory qualities. With an emphasis on the phytochemical components and pharmacological processes, this study attempts to provide an overview of the available data regarding Ficus benghalensis's antirheumatoid properties. According to the information now available, Ficus benghalensis extracts and isolated components have strong antioxidant and anti-inflammatory properties, which may help to explain some of its anti-rheumatoid properties.*

Keywords: Ficus benghalensis, Rheumatoid arthritis, Anti-inflammatory, Antioxidant