

# A Case Study of *Ahiputana* in Children

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**Abstract:** *Ayurveda* has described the unique principle of *Tridosha*, *Dhatus*, *Mala* for the homeostasis of the body<sup>1</sup>. *Kaumarbhriya* is the branch that deals with the mother and child relationship and their health, it also deals with *Kumarabharana*, *Dhatri*, *Kshirdosha*, *Dushta Stanya*, *Grahadosha* and their treatment<sup>2</sup>. The children are of delicate nature. Children's skin is much thin, soft and sensitive. There is no proper contact in epidermis and dermis, poor blood supply, sweat glands are not mature and poor heat regulation capacity in children. Therefore, they easily affected from various diseases, especially of skin<sup>3</sup>. *Ahiputana* is most commonly seen in children in today's lifestyle. It can be correlated with Napkin Rash in modern science. In this case study, *Ahiputana* was managed with the help of *Shamana Chikitsa* through *Ayurveda*.

**Keywords:** *Ahiputana*, *Napkin Rash*, Case study