

# A Review on Green Alternative : Herbal Contraceptive for Reproductive Health

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**Abstract:** *One of the main strategies that appears to be successful in population management is human fertility control. Numerous potential techniques, such as hormonal and pharmacological ones, have been used to cause infertility. The traditional use of medicinal plants and their extracts to treat a variety of illnesses, including issues connected to fertility, is now well known in society. Herbal antifertility medications, which can impede a woman's natural reproductive process, have gained importance in the context of women's health. The utilisation of different plant extracts with antifertility effects in different ways is part of current study. Several animal models have been used to examine the contraceptive properties of various plants. Even in remote areas, these herbal contraceptives are inexpensive, readily accessible, and environmentally beneficial.*

**Keywords:** ecofriendly, antifertility, antiovolatory