

# A Survey on the Barriers Faced by School Students in the Learning Process

**Ms. Saanvi Vikram Thorgule**

Standard 7, Sarhad School, Katraj, Pune, Maharashtra, India

**Abstract:** *This research paper discusses the barriers faced by school students in the learning process. Several factors contribute to these barriers, including a demotivating environment at school and home, distractions from gadgets, phobias of certain subjects, distractions in the study environment, unattractive teaching methods, and fear of examinations, talkative behavior, and more. Sometimes, students lack motivation from both school and parents, which decreases their ability to learn. The objective of this research paper is to identify the barriers to learning faced by school students and provide effective solutions for a smoother learning process. The researcher suggests that meditation is an effective way to prevent mental instability and alleviate these challenges. Additionally, unattractive teaching methods can contribute to these barriers; therefore, teachers should adopt engaging teaching methods such as PPTs, group discussions, and educational games. Data was collected from school students, specifically those in grades 5 through 12, and the researcher found that most students face difficulties in mathematics.*

**Keywords:** Learning process, Academic, Effective teaching methods, Motivation, education