

A Review to Formulate and Evaluate Polyherbal Tablet for Antiurolithatic Activity by using Horse Gram

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Abstract: *Today's generation has move away from traditional foods and it is high time to create awareness about the benefits And importance of lesser known pulses such as HORSE GRAM. Horse gram is a kind of bean commonly used In many south Indian states. This plant is native to the different parts of India. It is high in protein and iron which Make it a whole some food that should be added to our diet on a regular basis. Horse gram is known to have many Therapeutic effects but not scientifically proven though it has been recommended in Ayurveda medicine to treat Renal stone, gall stone, weight loss, menstrual problems, diabetes, piles, edema etc. Urolithiasis is when a solidpiece of material occurs in the urinary tract. Kidney stones typically form in the kidney And leave the body in the urine stream. A small stone may pass without causing symptoms. If a stone grows more Than 5mm, it can cause blockage of ureter resulting in severe pain in the lower back or abdomen. A stone may Also result in the blood in urine, vomiting, or painful urination. The present study aims to formulate and evaluate Polyherbal tablet for antiurolithatic activity.*

Keywords: Urolithiasis, Polyherbal, Antiurolithatic, Cystone, Calcium oxalate