

# A Review Paper on ‘Cardiovascular’

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**Abstract:** *Cardiovascular disease (CVD) remains the leading cause of morbidity and mortality worldwide, imposing a significant burden on healthcare systems. This review highlights the epidemiology, risk factors, and pathophysiology of CVD, with a focus on advancements in diagnosis, prevention, and treatment strategies. Emerging research on personalized medicine, innovative therapies, and the role of technology in CVD management are also discussed. The review underscores the importance of a multidisciplinary approach to address the challenges in CVD care and reduce its global impact.*

**Keywords:** Cardiovascular disease