

Role of Kiratatikta in the Management of Garbhini Chardi with Special Reference to Emesis Gravidarum

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Abstract: *Garbhini Chardi (Emesis Gravidarum) is one of the common symptom found in obstetric practice 50% of all pregnant women suffer from vomiting in pregnancy most probably found in first trimester. In this era where life style and status of woman has changed woman shares equal responsibilities like males in almost all fields. Pregnant women's have to act both in house as well as at their working place. In this condition vomiting in pregnancy which interferes or affects with woman's normal daily life. If not treated well early or in time It also affects the quality of life of pregnant woman and pregnancy out comes. In some cases this condition needs hospitalization and in emergency even termination of pregnancy. In Ayurveda has described many formulations for the management of Garbhini Chardi. In this study Kiratatikta with Sharkara has evaluated for its efficacy in the management of Garbhini Chardi.*

Keywords: *Garbhini Chardi, Emesis Gravidarum, Kiratatikta*