

Eye Catching and Comprehensive Study on Cardiology: Heart Attack

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Abstract: *A heart attack, or myocardial infarction, occurs when blood flow to a part of the heart muscle is blocked, often by a clot in a coronary artery. This interruption in blood flow deprives the heart muscle of oxygen, leading to tissue damage or death. Common symptoms include chest pain, shortness of breath, sweating, and nausea. Risk factors for heart attack include high blood pressure, high cholesterol, smoking, diabetes, and a family history of heart disease. Timely medical intervention, such as the administration of clot-dissolving medications or surgical procedures like angioplasty, is crucial to restoring blood flow and minimizing heart damage. Preventive measures include lifestyle modifications, such as a healthy diet, regular exercise, and stress management.*

Keywords: heart attack