

# A Review on Mental Health Tracker using Machine Learning

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**Abstract:** *The major thing of this study is to use pictorial Machine Learning and Image Processing styles to identify internal health in the mortal body. Our system is an upgraded interpretation of former internal health discovery systems that did n't include live discovery or particular comforting, but this system includes live discovery and periodic analysis of workers, as well as detecting physical and internal health situations in them and furnishing proper internal health operation remedies via a check form. Our system is primarily concentrated on internal health operation and creating healthy and robotic work terrain for workers in order to get the most out of them during working hours.*

**Keywords:** Facial Expressions, K Nearest Neighbour Classifier, Mental health, Mental Health Prediction