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Navigating Financial Management: Strategies and Challenges for Working Mothers

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Abstract: The increasing participation of mothers in the workforce has introduced unique financial management challenges and strategies. This study explores the financial practices of working mothers, focusing on the obstacles they encounter and the strategies they implement to manage household finances. Through comprehensive literature review and empirical analysis, this research aims to shed light on how working mothers balance their financial responsibilities while ensuring family stability and well-being. The findings highlight the critical need for supportive workplace policies and financial education tailored to the needs of working mothers.

Keywords: workforce

