

Empowering Women through Self-Help Groups: A Multidimensional Analysis

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Abstract: *Self-Help Groups (SHGs) have emerged as a powerful tool for women's empowerment, particularly in developing countries. This research paper explores the multifaceted impact of SHGs on women's lives, examining how they contribute to economic independence, social inclusion, and personal growth. By analyzing the core functions of SHGs, this paper sheds light on their ability to foster financial literacy, access to credit, leadership skills, and collective action for social change. Additionally, the paper acknowledges the challenges faced by SHGs and suggests potential solutions for maximizing their effectiveness.*

This research paper aims to provide a detailed and comprehensive analysis of Self-Help Groups as a mechanism for women's empowerment, highlighting their successes, identifying challenges, and proposing actionable solutions for enhancing their impact

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