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A Review on Genetic History of Spinach (Spinacia oleracea L.)

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Abstract: Spinach (Spinacia oleracea L. 2n=2x=12) is a widely consumed leafy vegetable known for its nutritional benefits. It is a very versatile crop as it is eaten either raw or cooked, and it is a common ingredient in various cuisines. The history of spinach, both from a domestication and a breeding history perspective, is arguably little known and not many references are available on this topic. For this reason, this study intends to be a review of what is known about spinach and what are the current trends on the breeding of this vegetable.

Keywords: Genetics, Spinach

