

# Green Glow: A Comprehensive Look at Herbal Skin And Hair Care

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**Abstract:** *This review article emphasizes that currently, people prefer natural food, herbal hair cosmetics herbal drug formulations for a healthy life. This involves herbal hair care. Cosmetics which include herbal hair oil, herbal hair shampoo, herbal hair conditioner, and herbal hair dye. The different types of herbal hair oil available in the market are amla hair oil, coconut hair oil, barangay hair oil, etc. In this review, the composition of herbal hair oil involves aloe verapulp, Tulsi, hibiscus, Shukokai, coconut oil, and almond oil. This review article also involves important information about herbal hair shampoo which includes, .The properties, types, functions, and advantages of herbal shampoo this review emphasizes the importance of herbal hair conditioners and herbal hair dye. Herbal plants like henna, Shukokai, and neem were studied for their anti-dandruff treatment and also studied the anti-oxidant properties of some vitamins. The results obtained from the study proved that herbal plants are safe and effective. Herbs are rich in vitamins, they have anti-aging, revitalizing, and rejuvenating agents.*

**Keywords:** Herbal skin care, hair care, shampoo, vitamins, jojoba oil