

# A Review on Formulation and Evaluation of Herbal Face Cream

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**Abstract:** *Aloe vera, amla, and cucumber peel have long been utilized in traditional herbal medicines like Ayurveda, siddha, and Homeopathic. The gel derived from the mucilaginous tissue at the center of the aloe vera leaf is used in cosmetics and certain medicinal products. Aloe vera gel does not contain Anthraquinone, the compound responsible for aloes' strong laxative effects. However, the total leaf extract may contain Anthraquinone. Aloe vera is rich in 75 potentially active constituents, including enzymes, vitamins, minerals, sugars, saponins, and amino acids. Amla is packed with amino acids like glutamic acid, proline, and aspartic acids, as well as protein and minerals. Cucumber peels are fiber-rich and packed with minerals such as magnesium and potassium. The presence of aloe vera, amla, and cucumber peels ensures that the product contains silica, which is crucial for maintaining the health of muscles, bones, and tendons. Furthermore, it contributes to skin hydration, enhances complexion, and promotes better vision. The item in question is a face cream that requires evaluation.*

**Keywords:** Aloe, Amla, Cucumber