

The Role of Traditional Medicinal Plants in Modern Healthcare

Subrata Debnath¹ and Dr. Manoj Dilip Patil²

Research Scholar, Department of Pharmacy¹

Professor, Department of Pharmacy²

Sunrise University, Alwar, Rajasthan, India

Abstract: *Since the Vedic period, medicinal herbs have been used. They have been used to treat and prevent a wide range of illnesses and epidemics for thousands of years. Some medical plants are also used as tasty condiments, food preservers, flavoring agents, and dyes. Nearly every part of the plant has therapeutic qualities of its own. Medicinal plants include a variety of secondary metabolites that are utilized to make medications and have a significant impact on a number of illnesses. Tribal people across the globe utilize many of the plants, which are also said to have several additional uses, such as anti-oxidant, anti-inflammatory, anti-insecticidal, anti-parasitic, antibiotic, and anti-hemolytic qualities. This review article reports on the traditional therapeutic usage of 21 plant species from various families.*

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