

A Literary Review of Anukta Srotas with Special Reference to Stanyavaha Srotas

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Abstract: Human body is made through the number of minute channels referred as 'Srotas'. The Srotas in the body were compared directly by the number of Bhavas existing in our body. Srotas are described as Aparisankheya (innumerable) bhava in our body, therefore their numbers are also Aparisankheya. In Charaka Samhita Vimanasthana, we found the information regarding only of thirteen Srotas. But it lacks some information about Mulasthanas, dhushti hetu etc, of the Srotas which are minute and invisible. Many such Srotas like Ashrivaha srotas, Stanyavaha srotas, Vatavaha srotas etc have not been explained in detail, those are referred to as Anukta Srotas. Therefore for the study of Anukta Srotas, knowledge about its Mulasthana must be confirmed. The criteria for fixing Mulasthanas have not been mentioned clearly by Acharyas. So, to update the knowledge in modern era, study of these Anukta Srotas and correlation of those on modern parameter is need of the hour. By conducting study on Stanyavaha Srotas an attempt is made towards highlighting the neglected and unestablished areas regarding Srotas.

Keywords: Stanyavaha Srotas, Anukta Srotas, Ayurveda