

A Review on Herbal Lotion

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Abstract: Herbal cosmetics use natural herbs and their products for their aromatic value, attracting demand for natural products and extracts. Lotions are liquid preparations for external application without friction, applied directly on the skin using absorbent materials like cotton wool or gauze. Formulations of aloe Vera, menthol, and arrow root powder are prepared using different compositions.

Research is now directed to isolate biologically active compounds from plants for use as herbal medicine. Aloe Barbadensis Miller (Aloe-vera) belongs to the Liliaceal family, it is a cactus like plant and grows readily in hot and arid climate. Aloe vera is oldest medicinal plant ever known and the most applied medicinal plant worldwide. This review highlights the importance of using Aloe-vera as a medicinal herb. The research focuses on formulating herbal lotions for moistening and nourishing the skin.

Keywords: Herbal Cosmetic, Herbal Lotion, Aloe Vera, honey, Neem, almond, , lemon, oats, sandalwood, turmeric, papaya