

A Review of the Underlying Factors and Physiological Impact of Alcohol Addiction

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Abstract: *Despite recent advancements, the aetiology and pathophysiology of alcoholism, a chronic, remitting, and relapsing disorder, remain mostly unclear. The present understanding of the biology or psychological causes of alcohol addiction is summed up in this overview. This includes candidate genes, metabolic control of alcohol, inheritance, and the impact of alcohol on the pathophysiology of several neurotransmitter systems. Alcohol addiction is a complex phenomena where brain neurobiology and pathophysiology interact constantly with personality traits, mental health conditions, and social factors. This illness has varying effects on the sexes and leads to serious issues, particularly in industrialized nations*

Keywords: Alcoholism, Aetiology, Pathophysiology