

A Public Opinion on Tamil Nadu Chief Minister Breakfast Scheme in Tamil Nadu

Sharith Walter¹ and K. Niranjana²

Assistant Professor, Department of Criminal²

Saveetha School of Law, Saveetha Institute of Medical and Technical Studies (SIMATS), Chennai, India

sharithwalter@gmail.com and niranjanak.ssl@saveetha.com

Abstract: *The public opinion on the Tamil Nadu Chief Minister's breakfast scheme in Tamil Nadu is generally positive. This scheme, which aims to provide nutritious breakfast to school children, has been widely appreciated for addressing issues of malnutrition and enhancing educational outcomes. As the most essential meal of the day, breakfast should never be neglected. Since children rush to get to school early in the morning, many children skip breakfast. Skipping breakfast makes youngsters weary, angry, and restless. This will give the most nutrient-dense breakfast to the elementary school children on school days Critics may raise concerns about implementation challenges or financial implications, but overall, it has been seen as a commendable initiative to improve the health and well-being of students in the state. Some applaud it for addressing malnutrition among school children and promoting education by ensuring they start the day with a nutritious meal. Others may criticise aspects such as implementation challenges, cost-effectiveness, or potential political motives. Overall, it's a topic that generates mixed reactions and ongoing debate among the public. The Chief Minister's Breakfast Scheme, which was initially devised to provide nutritious breakfast to 1,14,095 students of classes I to V studying in 1,545 government schools, has now been extended to 31,000 government schools across the State, benefitting 17 lakh students. Some people see it as a positive initiative aimed at addressing hunger and malnutrition among school children, while others may have concerns about its implementation, cost-effectiveness, or sustainability. Overall, the reception of such schemes often depends on individual perspectives and experiences. Tamil Nadu Chief Minister Breakfast Scheme is known by many names in Tamil Nadu like "Stalin Breakfast Scheme" or "Morning Breakfast Scheme in Tamil Nadu" or "Tamil Nadu Breakfast Scheme".*

Keywords: Implications, Malnutrition, cost-effectiveness, commendable, benefitting, malnutrition, sustainability