

# Formulation and Evaluation of Churna Treatment of Hypertension

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**Abstract:** *Hypertension is a chronic non communicable disease and often asymptomatic medical condition in which the pressure exerted by the blood on the wall of the artery is elevated. It is chiefly of unknown aetiology, but genetic factors play significant role for its development. Uncontrolled hypertension is a risk factors for various pathological conditions such as heart attack, heart failure, stroke, retinal haemorrhage and kidney disease. In Ayurveda a number of medicinal plants and Ayurveda compound formulation have been prescribed by Ayurveda doctors for the treatment of hypertension. The therapeutic efficacy of those plants has also being verified by using modern pharmacological experimental models. This various clinical and experimental studies conducted in the last few decades on the plants showing anti-hypertensive property.*

**Keywords:** Ayurveda, hypertension, medicinal plants, heart failure, stroke, retinol haemorrhage, kidney diseases