

Formulation and Evaluation of Herbal Mouthwash

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Abstract: Oral health is important as overall health. Now-a-days people may faces more oral problems like periodontal disease, sore throat, gingivitis, plaque and so on. For maintaining good oral health various formulations are formulated. A mouthwash is recommended for controlling plaque, bad breath, toothache and bacteria. Herbal mouthwash are preferred over chemical mouthwash as it shows less side effects and is non-irritant, less toxic, and do not contain alcohol. Medicinal plants, because of their antiviral and antibacterial action against human microorganisms, have a major role in healing and preventing illnesses. Herbal mouthwash consists of extracts of crude drugs which has no or less side effects as compared to synthetic mouthwash. Herbal mouthwashes are prepared from various plant extracts. The herbs described in this article are cinnamon, neem, pomegranate, tulsi, peppermint, and clove that are useful in dentistry. Mouthwashes that may be readily produced and used safely by people at home using natural materials could enhance the population's overall oral health. The major goal of this review is to preserve dental health by using natural mouthwash.

Keywords: Mouthwash, Herbs, Antibacterial, Antiviral, Plaque, Gingivitis