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## Review on the Efficacy and Safety of Herbal Chocolate for Pediatric Consumption

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**Abstract:** The use of herbal remedies for pediatric consumption has gained attention due to their potential therapeutic benefits and minimal side effects. This review aims to investigate the efficacy and safety of herbal chocolate for pediatric consumption. We explore the importance of herbal remedies in pediatric healthcare, new preparation techniques for herbal chocolate, potential benefits, challenges, and conclude with insights into the future potential of herbal chocolate as a pediatric-friendly herbal remedy.

**Keywords**: Herbal chocolate, pediatric consumption, efficacy, safety, preparation techniques, benefits, challenges

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