

# Formulation and Evaluation of Turmeric Based Herbal Face pack

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**Abstract:** *Alcohol dependence poses a significant public health challenge, with cravings being a pivotal factor in relapse. This comprehensive review delves into the landscape of anticraving agents for alcohol dependence, categorizing pharmacological (e.g., disulfiram, naltrexone) and non-pharmacological interventions (e.g., cognitive-behavioral therapy). Clinical trials' outcomes, challenges, and patient perspectives are analyzed, providing insights into short-term and long-term efficacy, limitations, and real-world applicability. The review also explores combination therapies and emerging interventions, offering a nuanced understanding. Intended for clinicians, researchers, and policymakers, this review synthesizes current knowledge and suggests future directions for anticraving strategies in alcohol dependence treatment.*

**Keywords:** Alcohol Dependence, anticraving agents, disulfiram, naltrexone