Anticraving Agents In Alcohol Dependence: A Comprehensive Review

Panchumurthy Nandini[1], Bhukya Anil[2], Ravula Pooja[3], K. Purnachander[4], G. Narender Naik[5]

Department of Pharmacy Practice[1,2,3]

Professor and Department of Pharmacy Practice[4]

Professor and Department of Pharmaceutics[5]

Jyothishmathi Institute of Pharmaceutical Sciences, Karimnagar, Telangana, India

Corresponding Author Email: nandinichowdary2002@gmail.com

Abstract: *Alcohol dependence poses a significant public health challenge, with cravings being a pivotal factor in relapse. This comprehensive review delves into the landscape of anticraving agents for alcohol dependence, categorizing pharmacological (e.g., disulfiram, naltrexone) and non-pharmacological interventions (e.g., cognitive-behavioral therapy). Clinical trials' outcomes, challenges, and patient perspectives are analyzed, providing insights into short-term and long-term efficacy, limitations, and real-world applicability. The review also explores combination therapies and emerging interventions, offering a nuanced understanding. Intended for clinicians, researchers, and policymakers, this review synthesizes current knowledge and suggests future directions for anticraving strategies in alcohol dependence treatment.*

Keywords: Alcohol Dependance, anticraving agents, disulfiram, naltrexone

Copyright to IJARSCT
www.ijarsct.co.in

DOI: 10.48175/568

ISSN
2581-9429
IJARSCT

509