Review Article on 'Formulation and Evaluation of Cold Cream'

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Abstract: *Because they are so easy to apply and remove from the skin, creams have been regarded as necessary topical preparations in cosmetic items from the dawn of time. Pharmaceutical creams are applied to the skin for a variety of cosmetic reasons, such as moisturizing, cleaning, beautifying, and altering appearance. In addition, they can be used to treat cuts, burns, and other skin injuries in addition to shielding the skin against bacterial and fungal diseases. These semi-solid preparations are safe for use by the general public and society. Herbal cosmetics are goods that are used to improve and beautify human appearances. Herbal cosmetics are goods that are used to improve and beautify human appearances. The purpose of the current study was to develop and evaluate herbal cold creams with plant extracts derived from the water-in-oil method with the intention of nourishing and moisturizing the skin. The cold cream is made with turmeric extract and neem oil. The quality of the produced product was assessed using a variety of evaluation methods. There was no change in the cream formulation's physical properties. The cream formulation showed high homogeneity, pH, nongreasy qualities, consistency and spreadability, and no evidence of phase separation during the research study time. Stability measures revealed no appreciable change in the generated cream's viscosity, aroma, or appearance during the research period. The herbal extract with cold cream produces relaxing and cooling effects as the water in the emulsion gently evaporates.*

Keywords: Cold Cream