

Polyherbs in Hair Care

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Abstract: *The use of polyherbal formulations in hair care has gained significant attention due to their natural origins and potential therapeutic benefits. This review explores the efficacy and safety of various polyherbal ingredients commonly incorporated in hair serums. Key herbs such as Amla (*Emblica officinalis*), Bhringraj (*Eclipta prostrata*), Neem (*Azadirachta indica*), are examined for their individual and synergistic effects on hair health. These herbs have been traditionally used in Ayurvedic and other traditional medicine systems for their ability to promote hair growth, reduce hair fall, and maintain scalp health.*

Keywords: Polyherbs Amla, Bhringraj Neem, ayurvedic, traditional