

# Review on (Green Cardamom) and Its Pharmacological Effect

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**Abstract:** *The cardamom is veritably common spices in India its substantially two type Amomum subulatum and Elettaria Cardamomum belongs to the family zingiberaceae Amomum subulatum is also known as " Badi Elaichi". It's traditionally uses as mouth freshener or digestive agent. it is veritably common spices in Indian food. Its main chemical element is  $\alpha$ - terpinyl acetate, 1,8- cineole,  $\alpha$ - terpineol, limonene,  $\alpha$ - pinene,  $\beta$ - pinene main chemical is nascence terpinyl acetate in cardamom. It has numerous pharmacological exertion like antiseptic( pulmonary), antispasmodic( neuromuscular), aphrodisiac, expectorant, anthelmintic, antibacterial( variable), cephalic, cardiogenic, diuretic, emmenagogue, sialagogue and stomachic. It's also act as a goad of nervous system some exploration said that it's also work as a cure in some venom. According to recent exploration, needed a farther study on large scale because some unidentified chemicals are present in their alcoholic excerpt*

**Keywords:** Hari Elaichi, Iiaichi, Elaychi