

Review on Kidney Stone

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Abstract: *Nephrolithiasis, often called as renal calculi or Kidney stones are a very common conditions that Affects people of all ages. These stones or Ashmari is described in Vedic literature. Patients are Turning to natural Ayurvedic medicines as an Alternative to pharmaceutical drug, which may Produce long term side effects. Because urinary Stones are a very old ailment, several herbal Therapies have been used since ancient times. The Usage of Ayurvedic herbs is the most cost effective and secure method of treatment. These Ayurvedic Medicines have clinically established effects, such as dissolving or breaking down calculi and Assisting in the removal of stones without Undergoing surgery. Stones in the kidney can form in any section of the urinary track*

Keywords: Nephrolithiasis, Renal calculi, Aashmari, Herbal plant

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