

A Case Study of Tulsi-Botanical Variants & Uses

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Abstract: *There is increasing awareness and need for strengthening body's immunity. Tulsi is one among the plants that has potential to do so. The traditional sacred plant of India known for its medicinal and other uses is more relevant today than ever before. It is time to know more about different aspects of the adaptogenic herb and go all-out for its spread and use. This paper describes botanical variants of the plant, its medicinal and other uses, principal active constituents and their working at cellular level.*

Keywords: medicinal plant, green pharmacy, green pesticide, antioxidant, COX-2