

An Analysis of Work from Home and Productivity

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Abstract: *This study investigates the relationship between remote work induced by the Covid-19 pandemic and perceived productivity levels among employees. A survey of 150 participants in Mumbai, India, was conducted to examine how the frequency of remote work and its impact on work-life balance influence perceived productivity. The results reveal a significant positive relationship between the frequency of remote work and perceived productivity, indicating that increased remote work correlates with higher perceived productivity levels. Conversely, a significant negative relationship exists between the impact of remote work on work-life balance and perceived productivity, suggesting that when remote work negatively affects work-life balance, perceived productivity tends to decrease. These findings underscore the importance of managing remote work arrangements to optimize employee productivity during challenging times*

Keywords: Covid-19