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Emotional Intelligence and Gender Differences: A Study among the Youth in Bangalore City, India

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Abstract: Emotional Intelligence (EI) assumes a critical part in an individual's scholar, expert and individual achievement. Youth, who are at the edge of section into their expert lives, need to develop their EI that has now turned into the most fundamental ability for endurance in an association alongside the gig explicit specialized capabilities. The point of this study was to survey the EI among the young people of Bangalore city. The example contained 800 youth in the age gathering of 18 to 24 years, comprising 333 young men and 467 young ladies. Results uncovered that by and large EI among the adolescent was higher (115.90±30.91) than the ordinary reach (68±16). However, the young men had somewhat higher scores (116.92±31.45) than the young ladies (115.17±30.54), the thing that matters was statically not critical. This might be expected to comparable socio-segment foundation (family structure, religion, monetary gatherings), up-acquiring metropolitan regions or potentially forward-looking society in the district. Regarding age gatherings, mean contrast was exceptionally critical where more established age bunch (22-24 years) had higher mean score (127.74±23.309) of EI than the more youthful (18-20 years) age bunch (72.95±20.589), confirming that EI creates with age

Keywords: Youth, Emotional Intelligence, Orientation, Age

