

# **Introduction to Diversity and Inclusion**

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**Abstract:** *In an ever-changing world, the recognition and embrace of diversity and inclusion have become integral to fostering thriving communities and organizations. Diversity encompasses the multitude of differences that individuals bring to the table, including but not limited to race, ethnicity, gender, sexual orientation, religion, age, socioeconomic status, and physical ability. Inclusion, on the other hand, is the practice of creating environments where every individual feels valued, respected, and empowered to contribute their unique perspectives and talents.*

**Keywords:** diversity and inclusion