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An Overview of Medicinal Plants that Have Central Nervous Activity

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Abstract: According to current research, a wide range of plants have pharmacological effects on the central nervous system, including sedative, anticonvulsant, depressive, antipsychotic, anxiolytic, anti-Parkinson, memory-enhancing, locomotor, and neuroprotective properties. The effects of medicinal plants on the central nervous system are covered in the present review, with an emphasis on the mechanisms involved.

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