IJARSCT



International Journal of Advanced Research in Science, Communication and Technology (IJARSCT)

International Open-Access, Double-Blind, Peer-Reviewed, Refereed, Multidisciplinary Online Journal

Volume 4, Issue 3, February 2024

A Study on Gurukul Education System

Sharma Santosh Madanlal¹ and Dr. Babu Lal Saini²

Research Scholar, Department of Education¹
Associate Professor, Department of Education²
Sunrise University, Alwar (Raj.) India

Abstract: India has consistently boasted of its extensive heritage in the realm of education and learning since antiquity. It is widely recognized that individuals from Europe, the Middle East, and Portugal migrated to India in pursuit of a high standard of education. The Gurukul Method was one of the education systems that was widely utilized in ancient India. The subject matter covered a wide range, including Sanskrit, the Scriptures, logic, and metaphysics. The knowledge and insights acquired were transmitted across generations. However, this system was implemented during the Colonial period when the British established schools with a restricted curriculum to subjects like science and mathematics. The previous system emphasized outdoor activities, whereas the new program placed greater emphasis on academic pursuits. Yoga, meditation, and singing, among other activities, fostered and endowed one with positivity and contentment. They were frequently required to perform routine tasks independently in order to impart practical knowledge. All of these have contributed to the development of one's persona and increased self-assurance, intelligence, sense of discipline, and awareness, all of which are still necessary to confront the actual world that waits. This article discusses the Gurukul method of education and its distinction from contemporary education.

Keywords: Gurukul, Education system, Traditional learning

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