

Formulation and Evaluation of Gargles form Bromaline

Korde Aditya Balkrishna, Walunj Nikita Kundan, Prasad Tambe

Department of Pharmaceutical Analysis

Samarth College of Pharmacy, Belhe, Pune, Maharashtra, India

adityakorde15@gmail.com

Abstract: *Introduction: Gargling has been a traditional method for maintaining oral health, and bromelain, an enzyme from pineapple, offers unique anti-inflammatory and antibacterial properties that enhance gargle formulations.*

Bromelain Extraction: The study outlines the meticulous process of extracting bromelain, ensuring its purity and effectiveness in the gargle solution.

Composition of Gargle Solution: The precise composition of the gargle solution is detailed, including additional components like honey and lemon juice selected for their antimicrobial and immune-boosting properties.

Bottling and Storage Procedures: Procedures for bottling and storing the gargle solution are described to maintain its efficacy over time.

Usage Instructions: Detailed instructions are provided for users, indicating the frequency and duration of gargling to maximize benefits.

Natural and Effective Nature: The abstract emphasizes the natural and effective nature of bromelain-based gargles, suggesting promising implications for oral care and overall well-being.

Consideration: The importance of individual considerations, particularly for those with allergies or sensitivities, is highlighted..

Keywords: Mucolytic effects , Drug Mechanism, Clinical Efficacy, Safety Profile, Treatment Review

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